



long COVID HELP

مساعدة كوفيد
طويل الأمد

长新冠帮助

COVID kéo dài
GIÚP ĐỠ

DON'T IGNORE THESE SIGNS OF LONG COVID

Long Covid can affect anyone, regardless of age, gender. Consult your GP today.

- ✓ Fatigue
- ✓ Difficulty sleeping
- ✓ Headaches
- ✓ Chest pain
- ✓ Change in taste/smell
- ✓ Difficulty breathing
- ✓ Anxiety or low mood
- ✓ Memory/Concentration problems



For information in your language,
visit: longcovidhelp.org.au
or Scan QR Code

